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| Psychological Interventions |
| **Faculty** | Community and Health Sciences  |
| **Home Department** | Psychology  |
| **Module Topic** | Psychological Interventions |
| **Generic Module Name** | Psychological Interventions 214 |
| **Alpha-numeric Code** | PSY 214 |
| **NQF Level** | 6 |
| **NQF Credit Value** | 10 |
| **Duration** | Semester |
| **Proposed Semester** | 1st Semester |
| **Programme** |  |
| **Year Level** | 2 |
| **Main Outcomes** | At the end of this module students should be able to demonstrate: •an overview of the theoretical foundations of the various approaches to intervention •an understanding of the process of intervention and the nature of helping relationships •knowledge of theories and techniques of counseling •knowledge of ethical decision making in counseling Specific Outcomes Demonstrate basic understanding of: •the field of counseling and psychological intervention •the theoretical underpinnings of counseling •some methods of intervention in psychological practice •ethical decision making in counseling  |
| **Main Content** | •Introduction to the field of counseling psychology •Ethical issues in counseling practice •Psychoanalytic therapy •Person centered therapy •Cognitive behavior therapy •Family systems therapy  |
| **Pre-requisite Modules** | None |
| **Co-requisite Modules** | None |
| **Prohibited Module Combo** | None |
| **Breakdown of Learning** | 1. **Hours**
 | 1. **Time-Table Requirement per Week**
 |
| *Contact with Lecturer/Tutor* | 14 | Lectures p.w. | 1 |
| *Assignments and Tasks* | 32 | Practicals p.w. |  |
| *Practicals* |  | Tutorials p.w. |  |
| *Tutorial* |  |  |  |
| *Self-Study* | 50 |  |  |
| *Tests/Examinations* | 4 |  |  |
| *Other: Group Work* |  |  |  |
| **Total Learning Time** | 100 |  |  |
| **Method of Assessment** | Continuous AssessmentFinal Assessment | 50%50% |  |
| **Assessment Module Type** |  |  |